

KRLL Script for 9/15/2017

Hi! This is Connie Gerling from the **Wood Place Library!**

According to the [Mayo Clinic](#), for people between the ages of 70 and 89, activities like “reading books, playing games, and participating in computer activities led to a 30 to 50 percent decrease in the risk of developing mild cognitive impairment.” All of these activities can be enjoyed at the Wood Place Library.

The [Experience Corps Trial](#), in which older men and women volunteer to teach reading skills to kindergarten through third graders in Baltimore city schools, is using brain-imaging studies to determine the effect of reading on an aging brain. After just a few months, people who volunteer show beneficial changes in their brains similar to those that other research teams have seen with similar exercises.

We don't need a study to understand the importance of the library to people of all ages.

The experienced staff at Wood Place Library can help any family find the right materials to help aging family members' keep their brains active.

This is Connie Gerling from the **Wood Place Library** Join me every Friday afternoon @ 3:45 and on Saturday mornings, right here on KRLL 1420 a.m. where you'll be informed about what's going on at your library.